



**Monterey Bay Zen Center**  
 PO Box 3173 Monterey, CA 93942  
 montereybayzencenter.org  
**Information:** Sara Hunsaker  
 831-915-4736  
 mbzc.info@gmail.com

**Events at The Carl Cherry Center:**  
 4th and Guadalupe, Carmel

**Tuesday Nights 6:30-8:30 pm**  
 Zazen, Kinhin, Service, Dharma Talk

**Zazen Instruction**  
 5:30pm, first Tuesday of the month

**Morning Sittings**  
 Monday and Thursday  
 7:00 to 7:50am, Zazen

**Ordinary Recovery**  
 Saturday, 9 to 10am

**Fearless Fathers**  
 Sept. 5, 12, 26 Tuesday, 5:30 to 6:15pm  
 Shogen: 831-659-5381

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**Brown Bag Zen**  
 Friday, 12:15 to 1:15pm  
 St. James Church  
 Franklin & High, Monterey

**Chicken Coop Zendo**  
 Thursday, 5:30 to 7pm  
 Jamesburg  
 Phyllis: 831-659-2365

**Teaching Council:**  
 Sara Hunsaker, 659-1552  
 Robert Reese, 920-8303  
 Patricia Wolff, 659-3042

# September 2017

S U N	M O N	T U E	W E D	T H U	F R I	S A T
					1 <b>Brown Bag Zen</b> 12:15-1:15pm	2 <b>Ordinary Recovery</b> 9-10am
3	4 <b>Labor Day</b> No morning zazen	5 <b>Zazen Instruction</b> 5:30pm <b>Tuesday Night Zazen</b> 6:30 - 8:30pm Dharma Talk: Patricia Wolff	6	7 <b>Zazen:</b> 7:00-7:50am  <b>Chicken Coop Zendo</b> 5:30-7pm	8 <b>Brown Bag Zen</b> 12:15-1:15pm	9 <b>Ordinary Recovery</b> 9-10am
10 <b>Vasubandhu's Yogacara Class</b> 9:45-11:45am CV Activity House For directions call Shogen: 659-5381	11 <b>Zazen</b> 7:00-7:50am	12 <b>Tuesday Night Zazen</b> 6:30 - 8:30pm Dharma Talk: Shogen Danielson	13 <b>Mountains &amp; Rivers</b> Carmel Valley 6:30pm patrishw@yahoo.com	14 <b>Zazen:</b> 7:00-7:50am  <b>Chicken Coop Zendo</b> 5:30-7pm	15 <b>Brown Bag Zen</b> 12:15-1:15pm	16 <b>Ordinary Recovery</b> 9-10am  <b>Half Day Outdoors River Meditation Retreat</b> 10:30am-2:30pm
17	18 <b>Zazen</b> 7:00-7:50am	19 <b>Training in Zen Forms</b> 5:30pm <b>Tuesday Night Zazen</b> 6:30 - 8:30pm Dharma Talk: Sara Hunsaker	20	21 <b>Zazen:</b> 7:00-7:50am  <b>Chicken Coop Zendo</b> 5:30-7pm	22 <b>Brown Bag Zen</b> 12:15-1:15pm	23 <b>Ordinary Recovery</b> 9-10am  <b>Compassionate Communication</b> 6:00-8pm St. James Church patrishw@yahoo.com
24 <b>Vasubandhu's Yogacara Class</b> 9:45-11:45am CV Activity House For directions call Shogen: 659-5381	25 <b>Zazen</b> 7:00-7:50am	26 <b>Tuesday Night Zazen</b> <b>Dogen Memorial</b> 6:30 - 8:30pm Dharma Talk: Robert Reese	27 <b>Mountains &amp; Rivers</b> Carmel Valley 6:30pm patrishw@yahoo.com	28 <b>Zazen:</b> 7:00-7:50am  <b>Chicken Coop Zendo</b> 5:30-7pm	29 <b>Brown Bag Zen</b> 12:15-1:15pm	30 <b>Ordinary Recovery</b> 9-10am

**Half Day Outdoors River Meditation Retreat**  
 Join us as we come together by the river for meditation, celebration, nourishment and community. Sat. Sept. 16, 10:30am-2:30pm, Carmel Valley Village. Please bring a dish to share. Details upon registration. For directions contact Patricia at patrishw@yahoo.com or 831-659-3042.

**Training in Zen Forms** continues Tues. Sept. 19, 5:30pm, Carl Cherry Center. Train in the forms of Zen ceremonies and service ringing bells, leading chants. If interested, call Shogen at 659-5381.

**Vasubandhu's Yogacara:** Join us as we continue to explore the Yogacara (i.e. Consciousness-Only) teachings. Sundays Sept. 10, 24, 9:45-11:45am. Carmel Valley Activity House, 29 Ford Rd. Suggested donation \$10. Info: Shogen 659-5381.

**Compassionate Communication** with Patricia Wolff, exploring what it means to live a life filled with clarity and compassion using NVC (nonviolent communication) and other Buddhist practices. Sat. Sept. 23, 6pm, St. James Church in the Jung Room, Monterey. Cost: \$20. Please bring finger foods to share. More info. contact Patricia at patrishw@yahoo.com.